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NEWS WORTH SHARING.

Jailbirds flew to lap of luxury

Inmates who helicoptered out of a Quebec prison found in upscale waterfront condo PAGE 6

'I do,' but hands off my cash

Money guru Gail Vaz-Oxlade insists couples keep their finances separate PAGE 13

CHEERS IN BELGIUM, GROANS IN RUSSIA

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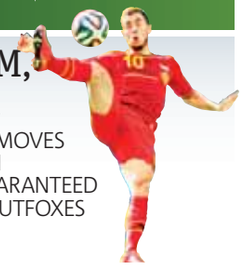

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AAAND THEY'RE OFF!

Competitors race during the Rio Tinto Alcan Dragon Boat Festival on False Creek Sunday. According to organizers, 180 teams were set to compete with more than 100,000 people expected to attend the 26th annual festival. Story, page 4. DARRYL DYCK/THE CANADIAN PRESS

New B.C. liquor prices hard to swallow for some

Happy hour. Minimum rates forcing several businesses to raise costs of drinks

The province's new minimum liquor prices at bars and restaurants have hardly been the toast of the town.

The province introduced the pricing scheme Friday after announcing happy-hour laws for the first time.

But instead of helping establishments bring in customers during off-peak hours with discounted drinks, the new minimums will actually result in price increases at several bars.

"We're a little disappointed that the prices are so high," said Adam Chatburn, president of craft-beer advocate CAMRA Vancouver. "The government announcement was a lot of noise, but I don't think it makes that much of a difference, especially when you'll be paying more in some cases."

The new minimum pricing — enforced at all times, not only during happy hours — is set at 25 cents an ounce for beer and cider, 60 cents an ounce for wine, and $2 an ounce for liqueurs and spirits. That means a 12-ounce sleeve of beer will cost a minimum of $3.

The owner of two Vancouver bars says that will raise the price of drinks at one of his establishments.

Sam Yehia says including tax, he charges $12.50 for a 50-ounce pitcher of beer, but the province's minimum rates will make him charge more than $14.

"It's more like a depressed hour," said Yehia, who owns Malone's and The Cambie. "It's a bit silly, isn't it?"

Attorney General Suzanne Anton said the pricing scheme was created after consultations with industry and health advocates.

"Implementing minimum drink prices is an important part of our commitments to protect health and safety, as we move forward on modernizing B.C.'s liquor laws," she said in a statement. "By allowing establishments to offer happy hours, as long as they adhere to the new minimum prices, consumers will have more chances to save a few dollars."

More liquor rules came into effect over the weekend as well. Those include allowing people to order a drink at food-primary establishments without food and permitting liquor sales at farmers' markets.

MATT KIELTYKA/METRO
WITH FILES FROM THE CANADIAN PRESS

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NEWS

Temp. foreign workers

Changes do little to calm debate

The federal government's planned overhaul of the temporary foreign worker program has done little to calm debate in British Columbia, where revelations about foreign workers in a range of industries — from fast food to mining — helped push Ottawa toward reform.

The Conservative government announced a series of changes last Friday designed to make it more difficult and more expensive for companies to use temporary foreign workers, particularly for low-skilled jobs.

In B.C., several revelations about how companies are using the program have fuelled controversy.

Earlier this year, news reports alleged three McDonald's franchises in Victoria were misusing temporary foreign workers, prompting the federal government to announce a moratorium on the food service industry's use of the program.

The federal government's proposed changes will prevent employers in areas of high unemployment from applying for temporary foreign workers in the lowest wage and skill groups.

Jim Sinclair, president of the B.C. Federation of Labour, said the proposed changes will do nothing to help the foreign workers themselves.

"Our position is that they should be given citizenship," said Sinclair. "If they're good enough to work here, they're good enough to live here, bring their families and spend their paycheques in Canada." THE CANADIAN PRESS

Johnny Wikkerink of Johnny's Pops hands out his famed handmade ice pops at the third annual Food Cart Fest on Sunday. SAM SMITH/FOR METRO

Food Cart Fest rolls back in for summer

À la food cart. Tasty event returns to Olympic Village on Sundays

SAM SMITH
vancouver@metronews.ca

Bob Belcher might not be the biggest fan of food trucks, but Vancouverites seem to have a different opinion.

For the third year in a row the annual Food Cart Fest is back and open to the public with an expanded repertoire including DJs, live music, Ping-Pong tournaments and plenty of food.

Located in the Olympic Village, a steady rotation of 40 food carts will be there every Sunday from 12 to 5 p.m. offering everything from homemade ice pops to waffles to curry.

Sandy and Jason Espedido were selling their homemade cotton candy and were thrilled to share their gourmet sweets with attendees.

"We're really excited to be there," Jason said. "It's great to be able to get out here and be able to show off some of our flavours, and also try out some of these other food trucks as well."

The Espedido's company is called Cloud Nine Cotton Candy and they offer 20 different flavours, but they were just one of several choices available.

Daniel Fazio, brand and marketing director of Food Cart Fest, said the event is continuing to grow because people want a nice, family-friendly event to go to on Sundays.

"We usually get about 3-5,000 people every week," he noted. "They come because it's about good food, community and hanging out in a comfortable environment."

Food Cart Fest will run all summer long.

Quoted

"(People) come because it's about good food, community and hanging out in a comfortable environment." Daniel Fazio, brand and marketing director of Food Cart Fest

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Dragon boats take over False Creek to a crowd of 100,000

More than 180 teams. Thousands of paddlers from all over the province and abroad

SAM SMITH
vancouver@metronews.ca

Hundreds of dragons roared through the waters of False Creek, the silhouette of the silver globe of Science World behind them, until the final monster took its last breath Sunday night.

Thousands of paddlers competed in the 26th Rio Tinto Alcan Dragon Boat Festival this year, coming in from all over the province, the country and even a few teams from international lands.

All of these water warriors had one goal in common: to have fun, try their best and maybe take home a medal.

Anita Webster, communications manager for the festival, pointed to the 187 teams that participated in this year's event.

"There's no MVP, nobody gets left behind," Webster said. "It's about being a part of a group and doing something together."

This motto must have struck a chord with people, as more than 100,000 were in attendance this year watching the teams of roughly 27 members, each one taking off in the water every 12 minutes.

While the finals had some nail-biters, such as the Junior Division A Laoyam Eagles from Pemberton earning their 16th gold medal in a row by .200 of a second, it wasn't all about the races themselves.

Maya Alonso, team manager of the Conquering Waves team, said this year marked the 11th time their organization participated in the race with the goal of promoting mental health and wellness.

"We're a team made up of friends and family, all of whom have suffered from mental illness in some way," Alonso said.

Competitors paddle to the starting line during the Rio Tinto Alcan Dragon Boat Festival on False Creek in Vancouver on Sunday. DARRYL DYCK/THE CANADIAN PRESS

Vancouver dancer living the dream in Paris

Vancouver dancer Brett Trach is performing at the Moulin Rouge. CONTRIBUTED

Although he started dancing at the Moulin Rouge a month ago, Brett Trach still has to pinch himself from time to time to make sure he isn't dreaming.

"It's a little surreal," said the Vancouver dancer, speaking to Metro from Paris during a break between two sold-out Friday night performances at the iconic cabaret house. "It really is quite a dream come true."

The legendary venue near Paris's Montmartre district first opened in 1889, but still draws a packed house of 900 tourists and Parisians for each two-hour performance. Trach is one of 80 performers onstage in the Belle Epoque theatre that puts on two shows a night, 365 days a year.

"I don't get home until 2 a.m. usually from the last show," he said. "It's kind of an adjustment. I've never worked that late."

Gruelling schedule aside, Trach said he's still soaking up every moment of his new Parisian lifestyle. He always hoped he would one day perform at the Moulin Rouge, especially as a young teen after seeing director Baz Luhrmann's 2001 film set in the world-famous cabaret house.

Trach said he was immediately drawn in by the grandeur of the show and the over-the-top costumes, but he never imagined his dream could become a reality.

That only came last year when he heard the dance company would be holding auditions in Vancouver.

"They came straight to my front door," said Trach. "Then it became a real moment that I'm going to get this job."

When his one-year contract is up, Trach said he isn't sure what he'll do next. There's a possibility he will get to stay on at the Moulin Rouge, but for now he's just absorbing the best Paris has to offer — in the form of cheese and croissants.

"I've been eating a lot," he said with a laugh. "It hasn't shown up yet. I can still fit my costume."

THANDI FLETCHER/METRO

B.C. teachers' strike

Mediator turns down invitation to settle dispute

A veteran mediator has turned down a request to try to settle British Columbia's teachers strike.

B.C. Teachers Federation spokesman Rich Overgaard says Vince Ready did not have time in his schedule to mediate the dispute between educators and the province.

Ready is considered one of Canada's top labour troubleshooters and the teachers' union put his name forward as someone who could move things forward.

Pay and class size are among the sticking points in the dispute.

The strike started last week and meant no class for more than a half million students. THE CANADIAN PRESS

Greg Matters' death

Sister wants investigation reopened

The sister of a retired soldier who was shot by RCMP in British Columbia says the investigation into Greg Matters' death in Prince George should be reopened.

Tracey Matters says she is not satisfied with a review into how B.C's police watchdog handled the case because it is not re-examining the facts in Matters' death. She is also concerned about conflict of interest in the Independent Investigations Office.

Last week, the agency appointed a third party to review its investigation because it first reported Matters was shot in the chest, while a pathologist later said the soldier was shot in the back. THE CANADIAN PRESS

Trademark suit

Mormon church suing Bountiful leader's company

The Mormon church has launched a trademark lawsuit against the leader of a small religious sect in B.C. that practises polygamy.

The church has filed a notice of claim in B.C. Supreme Court against a corporation registered by Winston Blackmore, who is the self-proclaimed leader of a religious commune in B.C. known as Bountiful, where residents follow a fundamentalist form of Mormonism that still practises polygamy.

The Canadian arm of the Mormon church says a listing on B.C.'s corporate registry for the Church of Jesus Christ of Latter Day Saints Inc. violates its trademarks. THE CANADIAN PRESS

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Check out the sea lions at Pier 39 for a great photo op. As many as 1300 sea lions hang out here from January to July.

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On a hot day, visit wineries in the northern portion early and then spend the afternoon in the southern portion, where you will enjoy a cool afternoon breeze courtesy of the San Francisco Bay.

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Quebec helicopter fugitives caught in posh Montreal waterfront condo

'We've got all three.'
Police say more arrests likely as investigation looks into possible outside accomplices

An apartment is shown Sunday in Montreal, where three prison escapees were captured earlier in the day. Police say they will likely make further arrests in the case. GRAHAM HUGHES/THE CANADIAN PRESS

These images provided by Interpol show, from left, Yves Denis, 35, Serge Pomerleau, 49, and Denis Lefebvre, 53. The three inmates, who escaped a jail near Quebec City by helicopter on June 7, were arrested Sunday at a condo in Montreal. INTERPOL/THE ASSOCIATED PRESS

The three men who police say escaped from a Quebec City-area jail by helicopter two weeks ago were captured in the early morning hours on Sunday in an upscale Montreal condo.

Quebec provincial police say investigators, accompanied by SWAT team members, arrested Yves Denis, 35, Denis Lefebvre, 53, and Serge Pomerleau, 49, at around 1:30 a.m. inside the residence.

Sgt. Audrey-Anne Bilodeau said the investigation was ongoing and further arrests were likely.

"It could be a person who helped them escape from prison, or a person who helped them hide from us," Bilodeau said.

The trio were facing charges, including gangsterism and murder, before the June 7 jailbreak.

They were to appear in a Quebec City court on Monday to face fresh charges, but police didn't spell out what the new charges would be.

A woman who lives in the building where the arrests took place said she watched from her balcony as the men were escorted in handcuffs into a police van.

France, who gave only her first name, had recently returned from a tango class when she heard a commotion.

"I knew something important was happening," she said. "I saw a police car arrive, then another, and then another ... And then I heard someone say, 'No, it's not a joke. We've got all three.'"

The condo was part of a ritzy new development in Old Montreal featuring a fountain courtyard, just steps from the historic waterfront.

THE CANADIAN PRESS

Dean Del Mastro. MP set to stand trial on charges of voter fraud in Ontario

A Member of Parliament once tasked with defending the Harper Conservatives against voter fraud allegations goes on trial Monday, accused of overspending during the 2008 federal election campaign.

Former Conservative Dean Del Mastro pleaded not guilty last month to charges under the Canada Elections Act.

Del Mastro, who now sits in the House of Commons as an independent MP and insists he did nothing wrong, is also charged with failing to report a personal contribution of $21,000 to his own campaign.

The trial, before an Ontario provincial court judge in Peterborough, is currently scheduled to last a little more than two weeks.

THE CANADIAN PRESS

Nearly 2,000 Justice staff duped into clicking mock phishing link

Many of the Justice Department's finest legal minds are falling prey to a garden-variety Internet scam.

An internal survey shows almost 2,000 staff were conned into clicking on a phoney "phishing" link in their email, raising questions about the security of sensitive information.

The department launched the mock scam in December as a security exercise, sending emails to 5,000 employees to test their ability to recognize cyberfraud.

The emails looked like genuine communications from government or financial institutions, and contained a link to a fake website that was also made to look like the real thing.

Across the globe, an estimated 156 million of these so-called "phishing" emails are sent daily, and anyone duped into clicking on the embedded web link risks transferring confidential information — such as online banking passwords — to criminals.

The Justice Department's mock exercise caught 1,850 people clicking on the phoney embedded links, or 37 per cent of everyone who received the emails.

That's a much higher rate than for the general population, which a federal website says is only about five per cent. THE CANADIAN PRESS

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Iraq. Sunni militants capture border crossings

Sunni militants on Sunday captured two border crossings, one along the frontier with Jordan and the other with Syria, security and military officials said.

The fall dealt Iraq's embattled Shiite prime minister a further blow and brought the war to the doorstep of Jordan, a key ally of the United States that also borders embattled Syria to its north.

The blitz by the Islamic State of Iraq and the Levant in Iraq's vast western desert take the al-Qaida-breakaway group closer to its dream of carving out a purist Islamic state straddling both Syria and Iraq. THE ASSOCIATED PRESS

Thailand

Man detained for reading Orwell as form of protest

Police in Thailand arrested eight people Sunday for demonstrating against the nation's increasingly repressive military junta, including a man who was dragged away by undercover officers for reading a copy of George Orwell's Nineteen Eighty-Four outside one of Bangkok's most luxurious shopping malls.

The arrest was the first known case of anyone being detained for reading as a form of protest since the military seized power last month.

Handfuls of anti-coup protesters have staged several silent readings of the classic book elsewhere in the capital in recent weeks because they say its indictment of totalitarianism has become relevant after the army deposed the nation's elected government in a May 22 coup.

A police officer said all the arrests took place in and around Siam Paragon, a crowded, upscale mall in downtown Bangkok that's one of Southeast Asia's largest. THE ASSOCIATED PRESS

Grow op-portunity thwarted by recent federal court order

Pot predicament. Lack of local dispensaries and new rules that prohibit home-grows lead young man to buy off the street

JEREMY NOLAIS
Metro in Calgary

After suffering a stroke, it took 10 months for a south Calgary man to find a doctor willing to prescribe him marijuana.

And now, he says a lack of local dispensaries and new federal rules that prohibit homegrows have forced him to veer from the legal system and buy it on the street.

Health Canada aimed to criminalize home marijuana grows by April 1. A court injunction has prevented such measures from being fully implemented for the time being.

Still, many marijuana users say they've trashed their plants. A handful of entrepreneurs have plans for commercial growing facilities in rural Alberta, but no suppliers have been established to date.

Bob, 20, whom Metro agreed not to fully identify, orders eight to nine grams per month at $6-per-gram from a Vancouver-based supplier. It's cheaper than on the street, but he says the hassle of getting a prescription from doctors and the wait time for his shipment has led him to turn to illegal suppliers.

"(Doctors) were prescribing me OxyContin, Percocet and all these other drugs so quick," he says. "Then, when it comes to marijuana, they're all beating around the bush."

Health Canada has not agreed to an interview on the federal marijuana changes despite requests made by Metro over a period of months. They have instead issued statements clarifying that the drug is not formerly approved for use because it hasn't "gone through the necessary rigorous scientific trials for efficacy or safety."

John, a Calgary cancer survivor and marijuana user, is seen with his supply of the drug. He said the marijuana being commercially grown and shipped around Canada is "garbage" compared to what he had hoped to grow in his own backyard greenhouse. BRYAN WEISMILLER/METRO IN CALGARY

The courts, however, have required the federal body to provide "reasonable access" to marijuana.

But John, a Calgary cancer survivor, who Metro also agreed not to fully name, says the commercial product also lacks the same quality.

"It's kind of a joke," said John, who routinely smokes marijuana and has tried his hand at infusing the drug into muffins and butters.

The Alberta Law Enforcement Response Teams have supported the move away from home marijuana growing, citing public safety.

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Keep calm and carry on buying that home

HOW TO ROLL
Alison Griffiths
metronews.ca

Just when you thought home prices couldn't possibly go higher, they have. The housing market is officially going crazy ... again. Having just posted the best May on record, up seven per cent on average nationally since last May, real estate continues to be the best investment ever. Of course, that's only for those who got in before the torrid price moves of the last couple of years, particularly in hot markets such as Toronto, Vancouver and Calgary.

Doomsayers around the globe have long been predicting a collapse of Canadian home prices. Just before Christmas, Deutsche Bank, a fairly sober institution, hysterically stated that home-sweet-home prices in the Great White North were overvalued by 60 per cent.

Proclamations like that get everyone jumpy, but none of them more so than those who purchased recently or are in the process of doing so. Real estate anxiety is understandable since a home purchase is invariably our single largest investment.

If you are fearful of being shut out of the market or hoping to cash in on price climbs ahead, buying now is probably not a good idea.

It's hot and it's cold

- Hottest real estate market: Northwest Territories, +23.7 per cent in last year
- Coldest real estate market: Yukon, -8.5 per cent in last year

Behavioural economics tell us that the retail investor (whether purchasing real estate or stocks) tends to get both manic and scared in the face of soaring prices. Those emotions propel us to make impetuous decisions.

Emotional investing also causes us to abandon normal due diligence. Eliminating standard conditional clauses such as a home inspection or financing can make an offer more appealing. But doing so adds considerable risk to the investment.

On the other hand, the impact of purchasing in an inflated market is usually ameliorated by time. The longer the time frame, the less the effect on the investment, whether it is a rental or a primary residence.

We all want to buy low and sell high. But predicting future prices is a mug's game. If the investment of your life is affordable now, and after factoring in inflation and higher interest rates in the future, time will smooth out the downturns to come.

Fantasy fans bring in some real cash to Northern Ireland

Giants, dragons and vengeful queens have for generations populated Northern Ireland's folk tales. Now, such creatures are visiting the land in a different version — on the sets for the hit TV show Game of Thrones. But rather than spells and destruction, they're bringing an economic boost to this British province still healing from its past of political violence.

Tourists pose for photographs on the North Antrim Coast, close to Carrick-a-Rede Rope Bridge and Larrybane headland. Larrybane was the dramatic spot chosen for Renly Baratheon's camp in Season 2 of Game of Thrones. THE ASSOCIATED PRESS FILE

Fans of the HBO fantasy drama would recognize here the landscapes from the fictional land of Westeros — the castle of Winterfell, the seaside cliffs of the Iron Isles and the King's Road leading to the north. About 75 per cent of the show is filmed in Northern Ireland, both in natural settings and in the Titanic Studios in Belfast.

Since the pilot episode began filming in 2009, attracted by the local government's financial incentives, the show's presence has helped foster a film industry that is catching the eye of other Hollywood productions. And Northern Ireland is taking advantage of the attention by promoting the filming locations as tourist destinations.

The latest — and perhaps most illustrious — visitor is Queen Elizabeth II, who will tour the studio sets on Monday. But thousands have already been visiting from across the globe THE ASSOCIATED PRESS

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B.C. NEEDS A FEW GOOD TRAITORS

URBAN COMPASS

Paul Sullivan
vancouver@metronews.ca

The federal government has decided to approve the Enbridge Northern Gateway pipeline through Super, Natural B.C., albeit with 209 conditions.

This is a big deal. I hear if it's built, the environment will be destroyed. If it's not built, the economy will be destroyed.

What would you rather have? An environment or an economy? Depending on your answer, I have some helpful advice.

For those who would prefer an environment, my advice is to make sure you get out there on the streets of Vancouver with some drums and signs featuring enormous exclamation points and rant and rave about how they'll build this thing over the dead bodies of you and your fellow saints.

Whatever you do, do not undertake a rational, objective analysis of the potential environmental impact, put together a reasonable argument and spend your time persuading people it's not a good idea to build a pipeline, at least not this one.

If you're the sort of person who prefers an economy, it's time to take out more ads featuring the environment, complete with dubbed-in songbird noises, to remind people about what they're giving up in order to have jobs.

I'd add a couple of whales breaching or doing something similarly dramatic because you want to make sure people understand the full scope of the potential damage.

Then I'd go ignore some First Nations people and take out some ads saying you already have agreements with 60 per cent of them, but you just can't say who they are.

Oh, you've already done that.

Whatever you do, deny, deny, deny. The pipeline will never spring a leak. The supertanker will never run aground, spilling bitumen and diesel all over the pristine coastline. And if any of that happens, it will be contained immediately by someone, surely.

Environment or economy, one thing you should never do is sit down and talk with the other side. Obviously, they're only interested in destroying the environment or the economy.

Instead you should issue communiqués. Or buy more ads. The last thing you want to do is take the other side seriously and address their concerns.

It would actually be pretty fun to make an environmentalist come up with an economic action plan to replace the $300 billion the economists believe is at stake. Almost as funny as a petro-environmentalist trying to save the caribou.

If we can stop laughing for a moment, that's exactly what we need: enviro-economists and petro-environmentalists. These people are rare, because they're ridiculed as wrong-headed traitors who are just shills for the other side.

The Northern Gateway is more than a pipeline for bitumen from Alberta. It's the future of British Columbia and the decision is pretty much up to us, whatever the federal government says.

Let's hope we have enough wrong-headed traitors to do the job.

ZOOM

He's not just an ugly face

Peanut, a two-year-old mutt, "smiles" after winning the World's Ugliest Dog Contest, at the Sonoma-Marin Fair, in Petaluma, Calif. GEORGE NIKITIN/THE ASSOCIATED PRESS

Bulging eyes + big heart = winner

Meet Peanut, a sweet, energetic mutt, whose wild white and brown hair, bulging eyes and protruding teeth helped him clinch the title of World's Ugliest Dog in Petaluma, Calif. over the weekend.

Although Peanut is healthy now, he was seriously burned as a puppy, resulting in bald patches all over his body.

THE ASSOCIATED PRESS

Homely champ to raise awareness

His owner, Holly Chandler of Greenville, N.C., hopes Peanut's victory will help raise awareness about animal abuse.

"We're trying to use him as a poster child for what can happen to animals who are abused," she said.

She plans to use the $1,500 prize to pay for other animals' veterinary bills. THE ASSOCIATED PRESS

Top-dog winning combo

- The dogs are scored by a three-judge panel in several categories, including special or unusual attributes, personality and natural ugliness.
- Past winners include a duck-footed beagle, a boxer-basset hound mix with a waddle, a Chinese crested and chihuahua mix with a protruding tongue and a chihuahua with a missing eye and a camel's back.

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In this issue, you can find AR enhancements on page 11 in Scene and page 18 in Sports

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Storm chasing in South Dakota

ANDREW FIFIELD
andrew.fifield@metronews.ca

Last week was a rough one, tornado-wise, including in our own country, with a twister touching down in Angus, Ont. that damaged several homes.

But this South Dakota storm system captured by a vehicle full of adrenalin junkies last week takes the cake. Several bright white vortices twist and dance around one another, wreaking havoc on anything in their path — including a farm that gets torn to pieces around the three-minute mark. (TVNWeather/YouTube)

THE CANADIAN PRESS FILE

metro

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Want to hear the stripper-inspired White Lilies? Scan the photo with your Metro News app to listen to the song!

High on life and in a Haze

Rap. Angel Haze sits down to discuss strippers, sexuality, polygamy and why women are better to date ... oh, and she talks about her music, too

RICHARD PECKETT
Metro World News in London

22-year-old rap phenom Angel Haze is ready to move on from her past. CONTRIBUTED

Rapper Angel Haze is making the media as excitedly fidgety as a room of schoolboys who've stumbled upon a top-shelf mag. She's dating a girl. And she's a celebrity. It's Ireland Baldwin, the daughter of Kim Basinger and Alec Baldwin, which would make the "best of girl-on-girl lovers" lists in the tabloids, if such a thing existed.

Haze — real name Raykeea Angel Wilson — is happy for the press to have a field day with it. She's in a good place right now and is keen to move on from divulging the details of a frankly dismal childhood, when she was a victim of rape at the hands of so-called family friends. The 22-year-old Detroit native says she's ready for some "fun" with her next album, due out this summer, called Troubled Child.

Unlike her well-received but weak-on-sales debut album Dirty Gold, this one won't be leaked. Haze, who is on a Mary Jane high, talks strippers, sexuality and social media.

You've been teasing the press and public with images of you and Ireland Baldwin on social media. But before we get to that, why did you make a track on your debut album Dirty Gold about a different girl ... a stripper?
Oh my god, the girl from (music track) White Lilies. She's beautiful!

What made her so special?
She's beautiful. I was obviously wasted and I wanted to experiment and learn things. I think at the time it was interesting to meet someone and not know anything about them or the stripper life, which you hear a lot of people talking about it, but you don't really know about it until you experience it.

In terms of your own life, the lyrics from your EP and Dirty Gold seem to be quite cathartic. Have you moved on from that stage in your life now?
Yeah, definitely. I didn't realize that until I was doing some interviews early this morning, and I was completely exhausted by talking about my past. I was like an 18-year-old girl who had no clue that the world was paying attention and I was just making music because it was cathartic and a release for me and none of the other stuff mattered. Obviously it doesn't mean anything to me anymore, so talking about it is like beating a dead horse. Now all of the other stuff matters: I've decided to have fun and I'm appreciative where I've landed in my life.

Your music connects with, amongst others, troubled young children. Do you see yourself as a role model?
I don't feel like a role model because that means I would do everything that I knew was right and I'm like a f—k-up.

Are you more 'real' and tangible?
Yeah, definitely but lots of people would disagree. Some people would think I was a whore or something — my friend over here is like 'uh huh' (laughs). It's cooler to just be real about it — it's not a fairy-tale life.

Do you feel like you're changing rap's attitude toward sexuality?
Oh, because I'm like openly queer or whatever? I suppose so, but I don't think people get it still. ... But I think I have female privilege because no one takes it seriously when it comes down to me. They're like, 'She's bisexual.' It will take someone bigger to change rap's attitude, but not me.

Are you a clingy kind of girl when it comes to relationships?
Nooo, I'm the entire opposite: I'm what people refer to as a 'thot.' I don't really do committed relationships, ever. It's insane if you find me in one. I'm usually very open ... a polygamist.

Who's better to date: girls or boys, and why?
I think girls are better than guys, but that's just me.

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This collection of humorous memos, letters and text messages imagine the off-screen interactions of our favourite movie characters, where the shark from Jaws keeps a therapy diary and the Walking Dead zombies commiserate together online. Clever logos and fonts complete the inventive gags for Don Draper's self-reflecting cocktail recipes and an exasperated court-ordered letter from Dora the Explorer's mom.

Game of Thrones

Upcoming season to be strongest yet: co-creators

Some Game of Thrones fans are wondering if the show's next season might lack a little punch. But show co-creators David Benioff and Dan Weiss tell Entertainment Weekly: "Now that we're nearly finished with the first drafts of each episode, we see no reason why the coming season shouldn't be the strongest yet." THE CANADIAN PRESS

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Born To Die singer angry about journo's 'leading questions' on death

Lana Del Rey apparently isn't too thrilled with the Guardian running with her "I wish I was dead already" quote and turning it into a story.

The singer took to Twitter to complain in a series of tweets that she later deleted. "I regret trusting the Guardian. I didn't want to do an interview but the journalist was persistent," she posted about her chat with Guardian music critic Alexis Petridis for an article written for the newspaper by Tom Jonze. "Alexis was masked as a fan but was hiding sinister ambitions and angles. Maybe he's actually the boring one looking for something interesting to write about. His leading questions about death and persona were calculated." For the Guardian's part, Jonze responded by posting the original audio of the interview. "It's not pleasant asking a pop star if she thinks the idea of dying young herself is attractive. It's a dark question, but it's not a leading one," he writes. "She has every opportunity to say no. And she can hardly complain about the subject matter. She'd been talking about her icons all dying young (and) she named her debut album Born to Die."

Lana Del Rey ALL PHOTOS GETTY IMAGES

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Find Mr. West to direct you to little North

STARGAZING
Malene Arpe
scene@metronews.ca

Kim Kardashian and Kanye West threw a big birthday party for their daughter North West, who turned one. Regrettably, some of the guests got lost due to the directions on the invite: "For North West go south-south-east, then south, look for Mr. West who will guide you to little North. P.S.: If the party goes south, look for exits marked 'This way away from North West.'"

Taylor Swift has reportedly dumped Selena Gomez as a friend because she's tired of hearing about her problems with Justin Bieber. Despite Taylor's best efforts, she hasn't even been able to write a song about it.

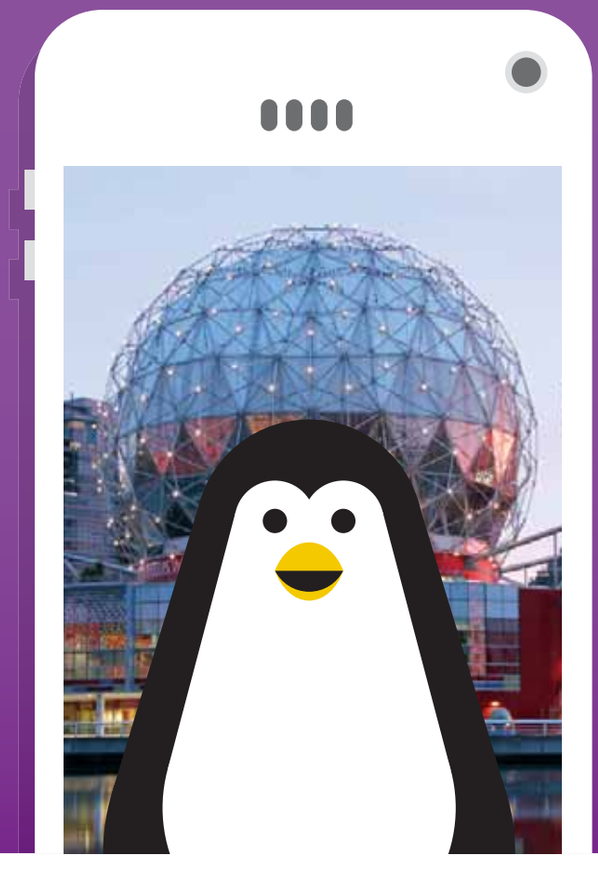
Harrison Ford will spend a long time recovering from an ankle injury sustained on the set of Star Wars VII. It will be eight weeks with normal hospital treatment and bed rest, two weeks if he can be convinced to have his leg frozen in carbonite.

Prince William

Prince William and family to travel in luxury aboard British Heirways chopper

What do you get for the birthday boy who's going to eventually rule everything — in England at least?

Queen Elizabeth II reportedly celebrated Prince William's 32nd birthday by leasing him and his young family a $13.6-million luxury helicopter for getting around the country, according to Sky News. The craft can hold up to seven passengers in leather-seated comfort and can fly a maximum distance of 530 miles in one trip. The chopper has already been affectionately nicknamed Heirforce One, according to Sky.



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TRANSLINK

With all 'I do' respect, keep your own financial identity

Couple's money. The best route to a strong marriage is to work as a team, but keep your accounts separate

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

The strongest couples are those who can stand on their own two feet financially, our columnist says. ISTOCK

It's not unusual for two people who are *very* different in how they see and manage money to hook up before they've talked about those differences. Then instead of just being a tool, money becomes something they fight about.

I meet people all the time who want to beat me up because I advocate financial independence within couples. "C'mon, Gail, marriage means you have to be a team." "Yeah, it's about trust." "Just because you've been divorced three times doesn't mean we're all headed that way."

Y'know what? They're all right. Every one of them has a point. But nothing they've said has changed my mind. I believe with all my heart that to be strong as a couple, you each have to be capable of standing on your own two feet financially.

Planning a family?

Being on the same team means you're going to set your goals together and help each other meet those goals. If one of those goals is to have a family, then together you have to decide how you will provide care and money to take care of that family. If one of you decides to stay home, that doesn't mean the money-maker gets to make all the decisions about how the money gets spent or abdicate home-care responsibilities. But so often, that's exactly what happens.

It also often happens that the non-working partner ties themselves completely to their mate financially. They share a bank account; there are no individual accounts. They share credit. One may even give up his or her financial identity completely. It isn't healthy. And many a divorcee or widow comes to regret it.

Being financially independent isn't a precursor to or acknowledgement of the fact that your relationship will end unhappily. To be good for each other and strong together, you each need to be taking care of the money — individually and as a team — and you each need your own financial identity.

You must each be clear about what you need, want, and expect from your relationship.

And it can't just be clear in one person's mind. You have to talk about it, negotiate the grey areas, and come to a happy place where you're each getting some of what you want.

Stay-at-home partner

For those couples who have one stay-at-home partner, it is important that person have their own bank account, credit card and savings; yes, accounts in his or her own name. Sure, you're a team, but all that teamwork doesn't do you the least bit of good if the working partner leaves the other partner with no financial identity. Don't confuse having money with having a financial identity; they are not the same thing. Besides, why should the stay-at-home partner be any less financially sound in their own right if you've agreed on this strategy for your family?

A bank account will create a record of money management. Savings will not only help you prepare for the future, it will signal the right financial behaviour. And a credit card — not a joint card or a supplemental card — will create a credit history.

Don't think that because you're both signed on the mortgage or on a line of credit together your credit histories are being built equally. That's a common misconception. Typically the credit history is reported only for the first signature on the application, so one of you may have no credit history whatsoever. Divorce or death is a tough enough thing to deal with; finding out you're a financial non-person doesn't make it any easier.

Getting back into the loop

So what if your partner has been out of the loop and now needs to get with the financial program? Having a jointly created plan on paper gives you a starting point for discussing how you're managing the money. While you want your mate to have a sense of the big picture, a detailed budget will help him or her see how all the pieces fit together. Your aim is to share your joint financial responsibilities even as you manage your personal financial identities.

Assuming responsibility for your own financial independence is scary for some people. That idea of independence makes some people want to duck and hide behind words like love and trust and honour and team. But independence doesn't negate any of those things. It enhances them because each day you're choosing to be together, not defaulting to togetherness because you're trapped.

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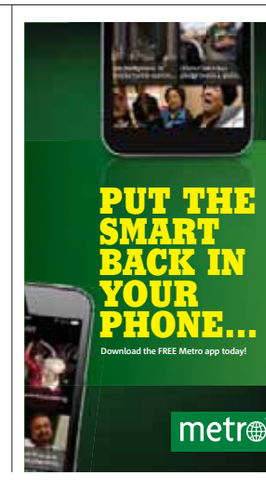

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Class is in session ... again. Startup founder takes 30 classes in 30 days to encourage perpetual education

LAKSHMI GANDHI
Metro World News

Over 1.5 million college students graduated this year, packing away their books and embarking on their life adventure in the real world.

A recent study by the Jenkins Group reveals that nearly half of the class of 2014 will never read a book again. Chad Lovell wants to change that. Lovell is the co-founder of AllClasses.com, a search engine that lists available classes all over the world. Lovell is currently taking 30 classes in 30 days in order to encourage life-long learning.

We recently caught up with Lovell as he was heading home from a busy afternoon at class.

How was class today? What did you end up taking?
I took a class on day trading stocks and trading options. I've done a little trading on my own, so I was a little skeptical going in (about whether I would learn much). But we were talking about stuff we can do and all of the different options. I'm learning new stuff all of the time. Every class I go to, I tell people what I'm doing and they say, 'That's awesome.'

How did you pick the classes you would take over the course of the month?
I wanted it to be something that benefits me and that would add value to my business. Half of the classes are concentrated on professional development. I'm also taking classes for my personal benefit. I started power lifting and working on core strength last year, and I'm taking a pole fitness class, which is interesting because I'm often the only guy there.

The human race

"The world around us is accelerating, and it's changing faster and faster. If you don't invest in yourself, you are going to be left behind."

Chad Lovell
Co-founder of AllClasses.com

How did you to come up with the idea for the 30 in 30 Learning Challenge?
I've always been an intellectually inclined person. The world around us is accelerating, and it's changing faster and faster. If you don't invest in yourself, you are going to be left behind.

What have you learned personally while doing the project?
Learning is invigorating. It is a bit exhausting running a company and taking all of these classes at the same time, but I am trying to show people that it is possible and that it's important to invest in yourself.

Your company AllClasses lists all sorts of courses and learning opportunities. What are the topics people seem to be interested in the most?
It's all across the board. We have 3,000 different topics that people search for. Coding classes and programs like Javascript are popular. Our users are also really interested in marketing classes.

What's the best reason to take a class?
No one likes to be boring. ... It makes you more interesting. I'm taking a CPR certification class too, and that could potentially save a life.

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Hoisin sauce makes meat sub sublime

This recipe makes six servings. ROSE REISMAN

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

How often do we drive to a sub shop and grab a variety of these tasty foot-long sandwiches? They're inexpensive, quick to buy and incredibly tasty. But if you lift up the bread you usually won't find the healthiest mix of ingredients. Preserved, nitrate-filled deli meats and loads of mayonnaise or "secret" sauce on a heavy, non-nutritious roll. Not exactly a healthy choice. A regular meatball 6-inch sub has around 500 calories, 20 gm of fat and over 1,000 mg of sodium.

Make ahead

Make the meatballs and stir-fry early in the day. Gently reheat the meatballs in a 300 F oven for 10 minutes, reheat the stir-fry and assemble.

My hoisin meatball sub comes to the rescue with about half those numbers, making it a much healthier choice. These homemade hoisin meatballs are made with lean beef, freshly sautéed onions, mushrooms and red peppers, and are served on a whole wheat bun with a tasty hoisin sauce drizzled over top. This is not only delicious, but will save you those excess calories, fat and sodium.

Serve this for lunch or a casual dinner with a side salad.

Ingredients

Sauce mixture
- 1/4 cup low-sodium soy sauce
- 1/4 cup hoisin sauce
- 2 tsp chopped garlic
- 2 tsp chopped ginger
- 5 tsp sesame oil
- 5 tsp rice vinegar

Meatballs
- 1 lb lean ground beef
- 1/4 cup unseasoned dry bread crumbs
- 1/4 cup chopped green onions
- 3 tbsp chopped fresh cilantro or parsley
- 1 tsp minced ginger
- 1 tsp minced garlic
- 1 egg

Vegetables
- 1 1/2 cups sliced onions
- 2 cups chopped mushrooms
- 1 1/2 cups sliced red bell pepper

Submarine buns
- Six 4-inch whole wheat submarine buns sliced in half

Garnish
- 1 tsp toasted sesame seeds

Directions

1. Combine the soy sauce and hoisin sauce, garlic, ginger, sesame oil and vinegar. Set aside.

2. Combine the beef, bread crumbs, onions, cilantro, 2 tbsp of the hoisin sauce, ginger, garlic and egg until well combined.

3. Make into small 1-inch balls (about 36). Brush with some of the remaining hoisin sauce. Bake at 400 F for 12 minutes or just until cooked.

4. Sauté the onions in a nonstick skillet sprayed with vegetable oil until tender. Add the mushrooms and sauté until soft; add the bell peppers and sauté until tender. Add 3 tbsp of the sauce.

5. Toast the submarine buns. Divide the meatballs overtop the buns and add the sautéed vegetables. Drizzle remaining sauce mixture overtop and garnish with the sesame seeds.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

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- Engage with our Metro dealers to provide the best delivery options
- Provide solutions and options for managing all our newspaper pick up points
- Processing collected field data and other administrative duties

REQUIREMENTS OF THE POSITION:
- Organized, detail oriented, and computer savvy
- Must be proficient in excel, Microsoft Outlook, Microsoft Word
- Familiar with the City of Vancouver
- Presentable, confident and articulate
- Able to work flexible hours
- Valid Class 5 driver license and reliable vehicle is a must

Individuals interested and having the skills described are requested to submit their resumé and cover letter via email to hr@metronews.ca no later than June 30th, 2014.

PLEASE QUOTE: "DISTRIBUTION ASSISTANT (FULL TIME) — Vancouver" in the Subject Line. All submissions will be treated as confidential.

metro

LaSalle College
Vancouver

Dreaming of your summer holiday?

Avion offers travel points your way

Not only is it time to finalize travel plans, it's a good opportunity to think about whether or not you've got the right travel rewards credit card to help get you there and make the most of your travel experience.

If you're looking for a new travel rewards card, you should have one that provides choice, flexibility, and value — like RBC's Visa Infinite Avion card.

Powered by RBC Rewards, earning points on your Avion card is simple — one dollar spent equals one point. And, the points never expire so you can use them right away for a weekend getaway or save them for a Paris trip.

NO TRAVEL RESTRICTIONS

Cardholders can use their Avion RBC Rewards points to book flights anytime, anywhere and on any airline, without any restrictions or blackout periods. They can book hotels, cruises, vacation packages, and car rentals on points, too. The program also provides premium travel insurance coverage such as trip cancellation, trip interruption, and flight delay.

FLYING ON AVION RBC REWARDS POINTS

Check Avion's easy-to-understand online flight redemption grid to see where and how far your points will take you. For example, 15,000 points is a value of up to $350, which is enough for a short-haul flight.

YOUR POINTS, YOUR WAY

Cardholders can convert RBC Rewards points to WestJet dollars, British Airways Avios points, American Airlines AAdvantage miles, Cathay Pacific Asia Miles, Shoppers Optimum Points/Pharmaprix Optimum Points, and Esso Extra points.

They can also pay for airline taxes and fees with their points, redeem them for merchandise or gift cards, or use them to pay down their credit card balance.

SHUTTERSTOCK

SWITCH AND START ACCUMULATING

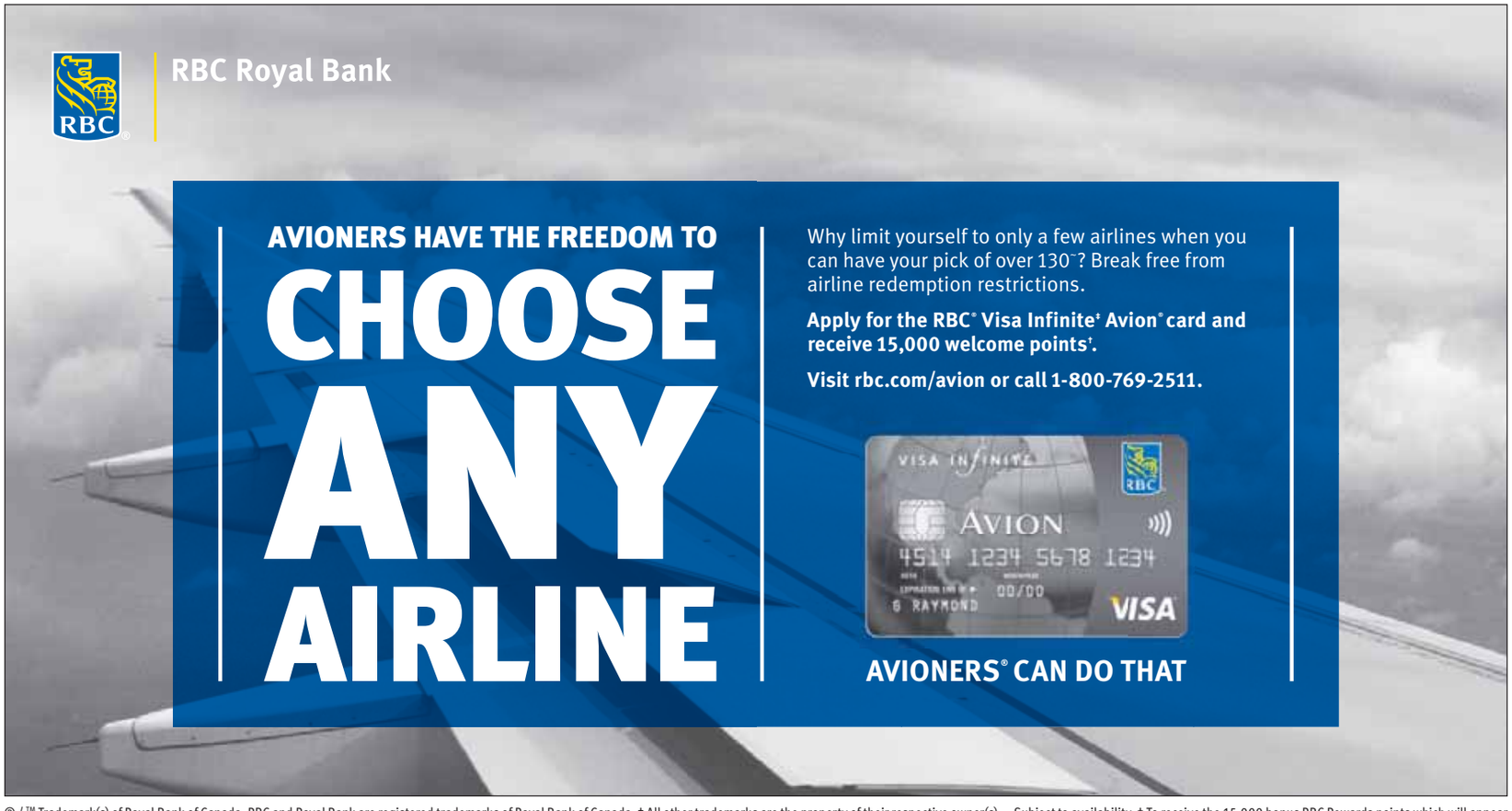
New Avion cardholders receive 15,000 welcome points — enough for a short-haul flight.

While using the card for everyday purchases helps accumulate points, shopping online at any of the 250 retailers featured in the RBC Rewards eMall can deliver up to 15 times the bonus points.

Also, Visa Infinite Avion cardholders can earn up to 25 per cent more points on travel-related purchases.

Business owners who carry a Personal and Business Avion card can combine the points on all of their cards to earn and redeem faster.

For more information, visit the website: rbc.com/avion.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® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ‡ All other trademarks are the property of their respective owner(s). ~ Subject to availability. † To receive the 15,000 bonus RBC Rewards points which will appear on your first statement, your application form must be received by September 30, 2014 and approved by us. Additional cardholders, as well as cardholder(s) with existing RBC Royal Bank travel rewards credit cards, applying for or transferring to an RBC Visa Infinite Avion card as of the offer eligibility period, are not eligible for this offer. **This offer may not be combined or used in conjunction with another offer. For complete terms, conditions and restrictions that apply to the RBC Rewards program, visit: rbcrewards.com or call 1-800-769-2512.**

Put the 'reward' back in reward program

Research loyalty programs to optimize your points

ISTOCK IMAGES

Who doesn't love getting what you want — when you get it faster? Finding the right loyalty program — one that gets you the rewards you want — can be complicated, especially when credit cards are factored in.

Whether you are looking for a new card or just curious to see how your current credit card stacks up, it can be difficult and time consuming to get an apples-to-apples comparison of what is available from various providers and how well they might work for you. While selecting a program still requires you to do a little research, a free, online tool is here to help. Compareloyaltyprograms.ca enables Canadians to assess which loyalty programs and affiliated credit cards might get them to their desired reward fastest.

"It's all about the reward. Take a step back and consider what you're looking for — whether it's cash back, merchandise or flights — and then research which programs and cards could get you there faster," say Susan Misner and Laura McDonald, founders of Golden Girl Finance, a site offering financial education in a modern, engaging way to encourage everyone to play a more active role in their finances.

"Where you live, your shopping habits and spending patterns mean that there isn't one program that fits all, so a tool like Compareloyaltyprograms.ca really offers a new perspective."

CONTRIBUTED

REWARDS ARE A PERK BEST SERVED FAST

Flights, merchandise or cash equivalent rewards: it doesn't matter what type of reward you're working towards, you likely want it faster, according to a new poll by Environics Research Group. Results show that earning rewards faster (42 per cent) and having more opportunities to earn loyalty points (40 per cent) are priorities for Canadians in their loyalty programs.

Even with speed being top of mind, comparing programs based on time to reward has been difficult to do before now.

"The Environics research has shown that credit cards can play an important part in earning rewards faster: double-dipping, or using a loyalty program card and paying with an affiliated credit card, offers the fastest time to reward," say Misner and McDonald. "And don't forget: a program that gets you to your rewards faster is one that will keep you happy."

CONFUSION CAN MEAN MISSED REWARDS

Navigating the loyalty program landscape in Canada can be challenging with so many programs and opinions to sort through. According to the Environics poll, the majority of consumers who participate in loyalty programs believe that they can be confusing (almost six in 10 Canadians). Of those, three-quarters (76 per cent) say they are less likely to use a loyalty program if they are confused by how it works — meaning many of us are simply missing out on rewards.

Sources of confusion include not knowing how to redeem points or miles for a reward (39 per cent), not knowing which program is best for them personally (37 per cent) and not knowing how or where to earn reward points or miles (24 per cent).

With a tool such as Compareloyaltyprograms.ca on your side, you have a unique, level comparison of the top loyalty programs and affiliated credit cards in Canada.

Answer a few simple questions based on your preferences, location and personal spending habits and up to three loyalty programs will be suggested as possible matches for you.

From there, it's up to you to select the right program for you.

Commissioned by COLLOQUY, a LoyaltyOne Research Group, Environics Research Group developed a methodology and online comparison tool that allows consumers to determine which rewards programs get them to the rewards they want as quickly as possible, based on their individual shopping patterns, program features and attributes. COLLOQUY has also provided financial compensation to Golden Girl Finance for promotion of the research and online tool.

LOYALTY PROGRAM TIPS

IF YOU CHOOSE TO USE YOUR CREDIT CARD TO PAY FOR YOUR PURCHASES AND EARN LOYALTY PROGRAM POINTS, A FEW TIPS CAN HELP YOU MAXIMIZE THAT SPENDING AND GET YOU TO YOUR REWARD FASTER:

USE COMPARELOYALTYPROGRAMS.CA: It can help you research reward programs and affiliated credit card options to get you to your reward sooner.

USE CREDIT CARDS RESPONSIBLY: Spend responsibly and be sure to read the fine print on any credit card you shortlist — if you are not paying off the balance every month or if the annual fee is high, you are not going to be rewarding yourself.

RESEARCH YOUR OPTIONS AND UNDERSTAND WHAT YOU'RE SIGNING UP FOR: Do your own research — do not assume others' opinions about certain cards or programs are 'right' for you.

DOUBLE-DIP: You will maximize earnings by using your credit card with the corresponding loyalty program where possible — that means shopping at program-affiliated stores and paying with the affiliated credit card. Earning rewards points this way adds up faster than you might think.

FOCUS ON YOUR FAVOURITES: Focus your spending on one or two loyalty programs — targeting your earning on just one or two programs will ensure you reap the most rewards, whether it's flights, cash back or merchandise.

The Flames' Brian McGrattan and the Canucks' Tom Sestito fall to the ice as they fight in Vancouver on Jan. 18. The teams will look to overcome dismal seasons when they open the 2014-15 season together on Oct. 8. JONATHAN HAYWARD/THE CANADIAN PRESS

Tough schedule to follow big changes

Canucks. Release of 2014 matchups comes ahead of head coach rumours, draft day

CAM TUCKER
cam.tucker@metronews.ca

It's the busy time for the National Hockey League off-season. It will soon quiet down for the summer, but the next few weeks are sure to provide chaos and headlines.

On Sunday, the Canucks released their schedule for the upcoming 2014-15 season. They'll start on the road against the Calgary Flames on Oct. 8.

The two clubs concluded last season against one another in a meaningless game, with neither destined for the playoffs. They also provided fireworks for fans and fodder for media when a line brawl erupted between the two teams on Jan. 18.

The longest road trip of the season for the Canucks will be seven games, a swing through the Eastern Conference that runs from Nov. 28 to Dec. 9, and concludes with games against Toronto, Ottawa and Montreal.

Their most difficult stretch could come in March, as the stretch drives begins. The Canucks will play 11 games in 22 days, but seven of those games will come against teams that qualified for the 2014 playoffs.

It also includes a pair of games against the defending Stanley Cup champion L.A. Kings, a pair against the San Jose Sharks and a visit from the Anaheim Ducks.

The Sharks might be in a rebuilding phase of their own, but it's a good bet the Kings and Ducks will be challenging for the Pacific Division at that time.

The release of the NHL schedule represents the start to a busy week for the Canucks.

The first round of the draft goes Friday in Philadelphia, with the Canucks currently holding the sixth overall pick. General manager Jim Benning hasn't ruled out trying to move up in the selection order through a trade.

The Canucks may also be in a position this week to name a new head coach. A report from Kevin Weekes of CBC and the NHL Network surfaced Friday that candidate Willie Desjardins and the Canucks were close on a multi-year deal.

Bob McKenzie of TSN reported that Desjardins would be in Vancouver this weekend, and could be introduced as the new coach this week.

The team hasn't made an official announcement.

CFL

Former Lions star Simon groomed to call the shots

It was an unusual sight: Geroy Simon sitting calmly in the press box of BC Place Stadium, dressed in a Saskatchewan Roughriders golf shirt, pen in hand, jotting notes on paper.

Once a star with the B.C. Lions, he's now a regional scout for Saskatchewan, having retired as the Canadian Football League's all-time leader in receiving yards and catches.

His final game was the 2013 Grey Cup. It ended with him scoring two touchdowns for the Roughriders and his third championship ring.

At the age of 38, Simon's drive to play was no longer there when training camp opened at the start of June. At least that's based on his comments Friday, when the Lions announced Simon would be inducted into the club's Ring of Honour on July 25.

"I'm totally comfortable with it," he said. "I was at training camp with the Roughriders a few days and I had no desire to get out there and practise."

Simon is now working his way up the football ladder. The plan is to earn the position of a general manager or president.

Said Lions GM Wally Buono: "I think Geroy has the qualities. He's a sharp guy, he works hard and he understands what it takes to win. If he can figure out the salary cap, then he'll do that much better."

CAM TUCKER/METRO

Portugal stuns U.S. to survive

With Cristiano Ronaldo on the field, a one-goal lead is never safe.

The world player of the year rarely sparkled on a hot and humid night in the jungle, but his inch-perfect stoppage-time cross set up Silvestre Varela for the equalizing goal Sunday in Portugal's 2-2 draw against the United States at the World Cup.

The Real Madrid winger, who has been playing despite a left knee injury, showed flashes of his best, but his impact was minimal until the final seconds of the match. He curled the ball in to a diving Varela, who headed past Tim Howard to give the Portuguese team a slim hope of advancing to the second round and deny the Americans instant advancement.

"He made a great cross," said Howard, Ronaldo's former teammate from their days at Manchester United. "Football's cruel sometimes."

The United States now has four points in Group G, the same as Germany. Both Portugal and Ghana have one point. The Americans will face Germany on Thursday in Recife, while Portugal takes on Ghana at the same time in Brasilia.

THE ASSOCIATED PRESS

World Cup Day 11

- **Belgium 1, Russia 0.** Russia's hopes of moving on were diminished by its 1-0 loss to Belgium in Rio de Janeiro. Belgium became the sixth country to qualify for the next stage.
- **Algeria 4, South Korea 2.** Algeria beat South Korea 4-2 earlier Sunday for its first World Cup win since 1982 and just the third victory by an African team in 10 World Cup games here.

Belgium's Eden Hazard, left, is challenged by Russia's Dmitry Kombarov during Group H World Cup action in Rio de Janeiro on Sunday. Scan the image with the Metro News app for additional photos from Sunday's games. THE ASSOCIATED PRESS

Horoscopes

♈ Aries
March 21 - April 20
This will be one of those weeks when, if you sit back and relax, spend quality time with friends and just generally let things happen, life will be perfect in every possible way.

♉ Taurus
April 21 - May 21
Friends and relatives will do what you ask if you ask nicely. Also, if there is something you know they desire and you are in a position to get it for them then go for it.

♊ Gemini
May 22 - June 21
This is potentially one of the best days of the year for you as Venus moves into your birth sign. Good things will come at you from all directions, which may be overwhelming.

♋ Cancer
June 22 - July 23
No matter how bad your current situation might appear to be, don't make an issue of it. Something positive is about to happen in your life but to make the most of it you must be positive too.

♌ Leo
July 24 - Aug. 23
Friendships are under excellent stars today, so if you are bored with your home life or your work seek out people who make you feel glad to be alive.

♍ Virgo
Aug. 24 - Sept. 23
Venus, planet of harmony, crosses the career angle of your chart today, so you should find it a whole lot easier to get your way with people in positions of power. By the end of the day they will be eating out of your hand.

♎ Libra
Sept. 24 - Oct. 23
You will be in an adventurous mood and that's good because the planets suggest if you go where you have never been before you will meet someone who lights up your life.

♏ Scorpio
Oct. 24 - Nov. 22
You may be a bit touchy where money and possessions are concerned but the planets indicate you have precious little to worry about, so lighten up and believe that it will all come right in the end.

♐ Sagittarius
Nov. 23 - Dec. 21
Everyone seems to be singing your praises but your number one priority should be helping someone else feel special. A loved one is feeling a bit neglected, so go out of your way to spend time with them.

♑ Capricorn
Dec. 22 - Jan. 20
Try not to make too much of a fuss if someone with whom you live, work or do business makes a mess of what they do today. Make allowances and make sure, if it's important, you do it yourself next time.

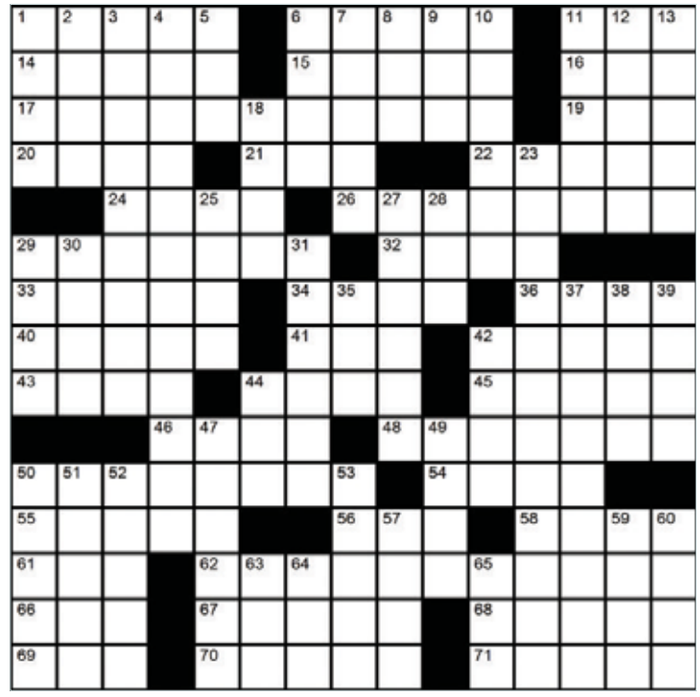
♒ Aquarius
Jan. 21 - Feb. 19
Venus, planet of harmony, moves into the most creative area of your chart today, so it's unlikely you will want to be too serious about, well, just about anything.

♓ Pisces
Feb. 20 - March 20
You may not agree with what a friend or family member is going to do but they have made up their mind about it so you might as well give them your support. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across

1. Modern day witchcraft
6. "I shall never see _ __ lovely as..." - Joyce Kilmer
11. Guys
14. __ __ water
15. Greek holiday island
16. Chopper
17. Muskokas locale of the Bethune Memorial House National Historic Site of Canada
19. __-d'Or, QC
20. Not all
21. Li'l political title
22. Beatles: "_ __"
24. __-dieu (Praying furniture piece)
26. Edmonton: __-__, The Live Improvised Soap Opera
29. Toronto attraction, Ontario __ Centre
32. "More after!", texting-style
33. Wear away
34. __ Ness Monster
36. Recipe meas.
40. Paul McCartney's "___ Was Lonely"
41. "Nope."
42. Type of healing technique
43. "___ miracle!"
44. Split
45. Actor Alan
46. Actress Teri
48. Kate Middleton's title
50. Loonie's competition: acr. + wd.
54. Josh Groban's "You Raise __": 2 wds.
55. Russian pancake
56. Dawn goddess
58. Actress Ms. Thompson
61. Deplete
62. Vintage bathroom feature: 2 wds.
66. Toronto summer hrs.
67. Ancient myth's blood
68. Tea type
69. Napoleonic†Wars marshal
70. Turkish city
71. Tambourine, e.g.

Down

1. Mannequin manes
2. Small obi accessory
3. Edmonton nickname, 'The City of __'
4. Kind of horse-drawn transport at Remington Carriage Museum in Cardston, AB: 2 wds.
5. Consumed
6. Tooth complaint
7. Hammer
8. Ex-Bruin Bobby
9. Carmela's portrayer on "The Sopranos" ...her initials-sharers
10. Fletcher Christian's uprising
11. Singer Ms. Staples
12. Glorify
13. Ms. Furtado
18. Itsy-bitsy bit of a min.
23. Toronto-born actor grandfather (b.1883-d.1950) of actress Anjelica: 2 wds.
25. Bellybutton type
27. Scratched
28. Ordinal suffix
29. Quasi
30. 'Pluto' suffix (Rich ruler)
31. Alberta village, 'The Friendly Community'
35. Paddle
37. Cycling routes: 2 wds.
38. Water __ (Summertime gear)
39. Brooches
42. Track event
44. Li'l old MTV show
47. Singer Ms. Keys
49. "__, __, are you ready?" (Er, like, hurry up!)
50. Kelly Clarkson's "Since _ __ Gone"
51. England's "Run Runaway" band
52. Simple song
53. Took trophy back
57. Canadian cellist Ms. Harnoy
59. Couple
60. "Two guys walk into _ __..."
63. Math fractions acronym
64. '80s group
65. Sash

Friday's Crossword

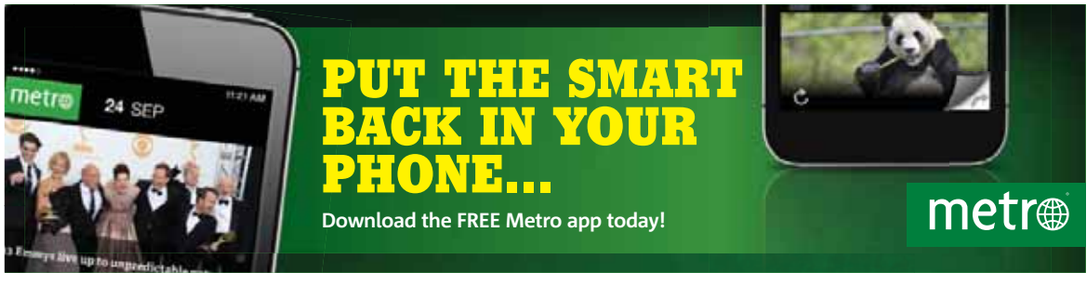
Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3		4	5				
	1		7				2	3
		4	8			7		
						2	6	1
3				6				7
2	7	6						
		9			5	1		
8	5				7		4	
				4	9		5	

Friday's Sudoku

1	4	8	3	2	6	5	7	9
7	6	3	5	9	8	2	4	1
2	9	5	1	7	4	3	8	6
4	3	2	7	6	1	8	9	5
9	1	6	8	5	3	4	2	7
5	8	7	9	4	2	6	1	3
6	5	1	4	8	9	7	3	2
3	7	4	2	1	5	9	6	8
8	2	9	6	3	7	1	5	4



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